



For membership information and much more go to <http://www.rlga.org/>

Captain's Footnotes: Phyllis Ellermeier, your captain.



CAPTAIN'S FEETNOTES

Phyllis Ellermeier, RLG A 2010

My best indicator that our tournament "difficulty factor" has heated up is when our RLG A Tournament chairs schedule the RED, WHITE and BLUE tournament in May rather than late June. Hitting quality shots from all three teeing areas can be a

challenge for some of us and completely unreasonable for the rest of us.

My sad and sorry personal history playing this tournament has been hole after hole of tricky save shots, chronic intimidation for how far those blue tee boxes really are, or "I have a ball shortage crisis I before crossing back to hole #16, and as incredulous onlookers, some in my foursome may say "I can't believe you just did that. Even with these experiences haunting me, as your Captain, I play in every tournament each month. So, regardless of what could, might, or I fear happening during this round, I am ready and quite happy to join the field. Also, if you are hesitant to sign up for this tournament, don't worry about your fears, or that your uncertainty could be embarrassing, I seem to own that one.

I have recently received my membership packet from our 2010 membership chair, June Secreto. I am impressed by June's thorough, informative and warmly received by new or returning members. June masterfully matches RLG A's philosophy through this packet of "come play with us!" June reaches out to new members by inviting, scheduling, and playing their first 18 at Riverbend with such a committed membership chair. What better way to say "who we are" than by June's consistent actions that back up our organizational words

- We do believe anyone can play with anyone and June does so. We intentionally seek that RLG A membership represents diverse skills and prior golf experiences. (or . . . she may really be out to find great players to join RLG A Team as well!)

June also had been in charge of RLG A's Competitive City Team In 2009 June shared Team leadership duties with Ginger Dunning. This may be a great example of Board members using collaborative and complementary skills.

They strategize, plan, organize logistics for weekly competitions, communicate easily with each other, provide timely notification to Team members, and strategically choose the best players available for that day's competition. Oh, by the way, THAT team was the 2009 City Team CHAMPIONS! Together, June and Ginger demonstrate extraordinary people skills that we want to honor again and again. Thank you, June. Thank you, Ginger. See you on the course, OF COURSE, Phyllis

The FORE!

May 2010 Vol 22 Issue 5 Page 1 of 4 Your Riverbend Ladies Golf Association newsletter, chartered since 1989 with reserved Wed., Sat. and Sun. morning tee times for our members. To be guaranteed a weekend tee time, you need to call the Pro Shop 253 854 3673 by Wednesday; for a Wednesday tee time, call the desk and put your name on the list by Tuesday.

The Better Ball tournament was a great success. Though we had another frost delay to start this tournament the weather ended up being very pleasant. At least there was no rain! Thank you to everyone that participated.

Better Ball Results			
Player	Gross Score	Net Score	Place
Kathy Provazek			
Cathy Kay	73		1G
Janet Best			
Sheila Locke		65	1N
Mary Ryan			
Vicki Hutsko	83		2G
Kris Immordino			
Cathy Rosa		67	2N
Lynne Crandall			
Nancy Nakamura	83		3G
Pam Westphal			
Heather Carr		67	3N

The last couple of tournaments we've had a few ties so I thought I would take a moment and refresh everyone on our tie breaking rules. Here is the official language that appears in our Membership Booklet under RLG A Standing Rules: "For all other tournaments in the case of a tie, scorecards will be matched hole-by-hole, starting with the # 1 Handicap hole going forward. In the case of ties in Net Score, a player's hole-by-hole Net Score will be used. The first player to score lower will break the tie." If you have any questions on this standing rule contact Mary Powers or Judy Griffin.

Skills Results		
Skill	Player	Results
Accurate Drive # 7	Sheila Locke	
KP # 13	Sheila Locke	13' 7"

I've heard that we're not doing a very good job of keeping up the "Pace of Play" during our tournaments. It is each group's responsibility to keep up with the group in front of you. This is not only important to keep the golf course on schedule but we also need to be courteous of the groups behind us. If you find your group falling behind it's rather easy to "catch up". Here're a couple of hints to help - Not everyone needs to wait for all four people to putt out. When two ladies are done on the green they can head to the next tee box and get started. Also, remember we always play "ready golf" even during tournaments. You don't need to rush or change your routine but by doing these simple things you'll find that in a few holes you'll be back on schedule.

Our next tournament is one that I personally enjoy the most with the exception of our Club Championship. It is our Red, White & Blue on Sunday May 16. We play six holes from the each of the different set of tees. Now, don't let those Blue tee boxes intimidate you out of playing in this tournament. All of us have to tee off from the same tee boxes. You will find the entry form on our website or in the Pro Shop. I hope to see you all out there. Tournament Co-Chair, Mary Powers

[Click here for entry form](#)

2010 Schedule Riverbend Ladies Golf Association

May 16	Sunday	Red, White & Blue
June 19	Saturday	Invitational
July 11	Sunday	Day 1 Riverbend Cup
July 17	Saturday	Day 2 Riverbend Cup
August 7 & 8	Sat & Sun	Club Championship
September 12	Sunday	Chapman
October 9	Saturday	Fast & Loose
November 7	Sunday	Big Break

GSWPLA TEAM Schedule for "2010"

Friday	May 7, 2010	at Lk. Wilderness
Wed.	May 26, 2010	at Willows Run
Monday	June 14, 2010	at Riverbend
Monday	June 28, 2010	at Bellevue
Friday	July 9, 2010	at Maplewood
Friday	July 23, 2010	at Jefferson Pk.
Friday	August 6, 2010	at Foster
Friday	August 27, 2010	at Jackson Pk.

WSWPLA 2010 Schedule Handicap Limit 40. To enter these events see entry forms in Pro shop and/or contact Kellie Molzhon kelliemolzhon@comcast.net or call 253-630-0542

Mon-Tues	May 17,18	Three Lakes	Wenatchee	Sign up Deadline April 26
Wednesday	June 16	Shuskan	Bellingham	Sign up Deadline May 31
M-T-W	Jul 12,13,14	Gold Mountain	Gorst	Sign up Deadline June 21
Wednesday	August 18	Brookdale	Tacoma	Sign up Deadline July 26
Mon-Tues	Sept 13,14	Mt Adams	Toppenish	Sign up Deadline Aug 23
Saturday	October 16	Willows Run	Redmond	Sign up Deadline Sept 27

If you are reading this on the web, you should be able to click on the URL's below and be taken to the website where you will find more about these organizations and their events. Your **RLGA** membership entitles you to play in events sponsored by :

GSWPGA 2010 Schedule: Handicap Limit 40. To enter these events see entry forms in Pro shop and/or contact Kellie Molzhon kelliemolzhon@comcast.net or call 253-630-0542

Thursday	13-May-10	Foster	President's Charity	Sign up Deadline 4/24
Thursday	10-Jun-10	Riverbend	Pro Am	Sign up Deadline 5/22
Thursday	8-Jul-10	Mount Si	Summer Sweeps & Cof C	Sign ups by 6/19
M-T-W	Aug 9, 10, 11	Lake Wilderness	City Championship	Sign up Deadline 7/17
Thursday	Sept. 9, 2010	Auburn	2 Lady Best Ball	Sign up Deadline 8/21
Thursday	Oct. 14, 2010	Maplewood	Fall Sweeps	Sign up Deadline 9/25
November 11	Fairwood G&CC Fall Luncheon			

State: WSWPLA Washington State Women's Public Links Assn. <http://www.wswpla.com>

City: GSWPGA Greater Seattle Women's Public Golf Assn. <http://www.gswpga.com>

TWGA Tacoma Women's Golf Assn. <http://www.twga.org>

PNGA Pacific Northwest Golf Assn. <http://www.thepnga.org>

WSGA Washington State Golf Assn. <http://www.thewsga.org>

To enter **USGA** events you need to join the United States Golf Assn. (\$25.00) <http://www.usga.org/>

Tacoma Womens Golf Association TWGA 2010 Schedule: Handicap Limit 40. To enter these events contact Kellie Molzhon kelliemolzhon@comcast.net 253-630-0542.

Monday	Jun 7	Auburn	Medal Play	Sign up Deadline May 27
Monday	Jul 5	Hawks Prairie	2 Lady Best Ball	Sign up Deadline June 14
Mon, Tues	Aug 2,3	Allenmore	2 Day Championship	Sign up Deadline July 22
Monday	Aug 30	High Cedars	Medal Play	Sign up Deadline Aug 18
Monday	Oct 4	Riverbend	Medal Play	Sign up Deadline 9/23
Monday	Oct 18	TWGA Awards Luncheon C.I. Shenanigans 3017 Ruston Way		

(PNGA) Pacific Northwest Golf Association 2010 Schedule.

To enter these events go website at bottom of page or call 206-526-1238

Women's Amateur	Clarkston G & CC,	Clarkson Wa	July 12 - 16
Women's Mid Amateur	Clarkston G & CC,	Clarkson Wa	July 12 - 16
Women's Am Pub. Links	Lake Padden GC,	Bellingham, Wa	Aug 28,29
Women's Senior Team	Gold Mtn GC,	Bremerton, WA	Sept 20-22
Senior Women's Amateur	Meridian Valley CC,	Kent WA	Oct 4-5

(WSGA) Washington State Golf Association To enter follow WSGA link in right column or call 206-526-8605

Womens Best Ball Championship	Yakima CC	Yakima WA	May 24, 25
Member Club Team Championship	Suncadia Resort	Roslyn WA	June 1,2
Women's Amateur Championship	The Cedars at Dungeness	Sequim, WA	June 22, 24
Women's Senior Amateur	The Cedars at Dungeness	Sequim, WA	June 22, 24
Women's Mid-Amateur Championship	Wine Valley GC,	Walla Walla WA	August 6, 7

USGA Qualifiers to enter these events go to <https://champs.usga.org/index.html>

US Women's Open	Wed. May 26	Tumble Creek	Roslyn WA	Handicap Limit 4.4
US Womens Amateur Public Links	Tuesday June 1	Meadowpark GC,	Tacoma	Handicap Limit 18.4
US Girls Junior (Age Limit 17)	Mon. June 21	Manito G & CC,	Spokane	Handicap Lim. 18.4
US Women's Amateur	Tues. July 13	Royal Oaks CC	Vancouver	Handicap Limit 5.4
US Women's Mid Amateur	TBA	Handicap Limit 9.4		
USGA Senior Women's Amateur	TBA	Handicap Limit 18.4	Age Limit 50+	

At a recent PGA event Brian Davis was in a green side hazard. While making the actual hit on the ball his backstroke came in contact with a loose impediment, a dry reed that was not growing, (which he could not move prior to the stroke, because you can't move loose impediments if you are in a hazard). For those readers who might want a clarification about Brian Davis's two penalty strokes. The followed text was obtained from golfchannel.com.

“If you were to read the rule, 13-4, it states in section c that the player must not touch or move a loose impediment lying in or touching the hazard. A loose impediment is defined as natural objects that are not: fixed or growing, solidly imbedded, or adhering to the ball. Davis' ball was in the margin of a lateral hazard. It was not out of bounds which would have required a stroke and distance penalty. The reed was deflected by the movement of the club. That constitutes touching. The rules official confirmed this reed was not solidly imbedded or growing. Being it is a natural object, that makes it a loose impediment. The penalty for touching or moving a loose impediment that lies in or touches the same hazard as your ball is two strokes.” The penalty was assessed when the player's club hit the loose impediment in his backstroke. Had his club hit the reed in the downstroke no penalty would have been awarded, according to the tv commentators.

Paul Lucien, Riverbend Mens club rules guru, confirmed this with this explanation: A club is allowed to move a loose impediment in the execution of a stroke but the stroke is defined as the forward movement of the club.

At the city championship last year at Jefferson Park, your newsletter editor, was in tall irregular grass with bushes interfering with my back swing. I probably should have taken an unplayable. Instead I preset my backswing. Something happens to my concentration when my backswing interferes with foliage. In this instance my club head was fixed behind my back before I started the downswing maybe as long as 5 or 6 seconds. I had some contact with foliage in my downswing yet my swing plane remained relatively unaffected (which is logical - how much should a wispy branch deflect a metal shaft which far out weighs it?) With about a 65% strength sand wedge, the downswing created enough force to carry the ball 35 yards to the green. Try it sometime. Maybe it will work for you too. I have seen a putting drill that works on somewhat the opposite principal. The Stop Putt Drill to the right was copied from the web:

Twigs and Branches and Dung, Oh My! Written by Midge Patten, submitted by Anne Tuttle

Rule 23 – Loose Impediments is another short rule, but it brings up tons of questions that start “What about”. Also, ever since Tiger had so much help moving a very large boulder, the questions just keep coming. The United States Golf Association still defines a loose impediment as natural objects including stones, leaves, twigs, branches and the like. This includes dung, worms, insects, and the like, and the casts and heaps made by them, provided. they are not: fixed or growing, solidly embedded, or adhering to the ball. Sand and loose soil are loose impediments only on the putting green. Snow and natural ice, other than frost, are either casual water or loose impediments, at the option of the player. Dew and frost are NOT loose impediments.

Now for a few questions.

Q1-My ball lies through the green on a mole hill. I like my lie but can I remove some of the loose soil behind my ball?

Q2-Our fairways were recently plugged. Can I move those compacted plugs near my ball?

Q3-There is a stone next to my ball. I'm able to pick it up easily even though it was partly under ground. Am I subject to penalty?

Q4-When I get to my ball in the fairway, it has loose grass it picked up rolling. Can I carefully remove those blades of grass?

Remember; think about your response before looking at the answers. You can look at the definition above.

A1-The answer to question one is no. That loose soil is not a loose impediment. However I can take free relief from a mole hill under Rule 25 – Abnormal Ground Conditions.

A2-As to those compacted plugs, yes, those are loose impediments and may be removed. Any loose soil that has fallen off however are not loose impediments through the green, so remove them with your fingers, not by brushing them away and taking the chance of removing loose soil. That would be a 2 stroke or loss of hole penalty.

A3-The answer to the third question is no penalty. If I can get that stone up with ease, it probably isn't solidly embedded. The rule doesn't say I can't have help lifting a rock no matter how big it is, as long as it isn't solidly embedded. Same thing goes for a huge broken branch as long as it isn't attached to a tree.

A4-The answer to the last question is no. Those blades of grass are adhering to my ball, and may not be removed. Play hard my friend!

The Stop Putt Drill: Take your normal putting swing. After you make contact with the ball immediately stop your swing. This is going to focus in on your aim and accuracy. After trying a bunch of putts this way, add back in your follow through and you should notice how your follow through really helps guide the clubface and ultimately the ball towards your target.

Results from GSWPGA *Team*

Results after Team Play at Mount Si April 23, 2010

	Handicap	Total Pts	Place	Scratch	Total Pts	Place
	Points			Points		
Maplewood	8	8	1	Maplewood	9	1
Bellevue	7.5	7.5	2	Mount Si	9	1
Jefferson Park	5.5	5.5	3	Riverbend	9	1
Lake Wilderness	5.5	5.5	3	Bellevue	8	4
Mount Si	5.5	5.5	3	Jefferson Park	5	5
Foster	3.5	3.5	6	Jackson Jills	4	6
Jackson Jills	3.5	3.5	6	Willows Run	1	7
Riverbend	3.5	3.5	6	Foster	0	8
Willows Run	1.5	1.5	9	Lake Wilderness	0	8
Wayne	1	1	10	Wayne	0	8
	45	45			45	

Results from Greater Seattle Womens Public Golf Assn. GSWPGA , April 8th Willows Run

Oak Yun Lim Flight 1 First Low Net of the Field \$13.00
 Linda Pearson Flight 1 Tied for 4th place \$13.00
 Laura Risher Flight 1 Tied for 7th place \$ 8.00

Results from Washington State Women's Public Links Assn WSWPLA (State) Wilderness

Oak Yun Lim Flight 1 First Low Net of the Field \$18.00
 Laura Risher Flight 1 9th place

Results from Tacoma Womens Golf Association TWGA

Results from Washington State Golf Association Winter Series April 9th Apple Tree, Yakima

Kathy Provazek paired with Sherry Boggs tied for 3rd place in this Best Ball event with a net 80.

Results from Pacific Northwest Golf Association

no events yet

RLGA member gets hole in one at Riverbend.

Amy Nikaitani (86yrs old) got a Hole in One on #5 on Wednesday April 21st. She didn't think it counted because it is a temporary green but Pete Peterson says that it counts.

The FORE!

RLGA
 P O Box 1091
 Kent, WA 98035-1091

What should you do if you post the wrong score?
 E-mail Handicap chairman, Jerri Proszek and she will fix it! chandje@comcast.net

Important Dates:

- May 4 6PM RLGA Board Meeting at par 3 clubhouse
- May 7 Team at Lake Wilderness
- May 8 Signup deadline for RLGA event, Red White Blue
- May 16 Red White Blue RLGA event at Riverbend
- May 22 Sign up deadline for GSWPGA Pro Am at Riverbend
- May 26 Team at Willows Run
- May 27 Sign up deadline for TWGA event at Auburn
- May 31 Sign up deadline for WSWPLA even Shuskan, Bellingham

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes: May 16th is the Red, White and Blue Tournament. Sign up deadline is Saturday May 8th Click here to get entry form.						1 Ghin Revision Date RLGA Tee Times 8:33 AM
2 RLGA Tee Times 8:33 AM	3	4 RLGA Board Meeting 6PM Par 3 Clubhouse	5 RLGA Tee Times 8:33 TWGA Event Tahoma Valley	6	7 GSWPGA Team Lake Wilderness	8 Signup deadline for Red White and Blue RLGA Tee Times 8:33 AM
9 RLGA Tee Times 8:33 AM	10	11	12 RLGA Tee Times 8:33 AM	13 GSWPGA Event Foster	14	15 Ghin Revision Date RLGA Tee Times 8:33 AM
16 RLGA Event Red, White & Blue	17 18 WSWPLA Two Day Event at Three Lakes GC Wenatchee		19 RLGA Tee Times 8:33 AM RLGA Tee Times 8:33 AM	20	21	22 GSWPGA Sign up deadline Riverbend Pro AM RLGA Tee Times 1:03
23 RLGA Tee Times 8:33 AM	24 25 WSGA Two Day Event, Womens Best Ball, Yakima G & CC		26 8:33 AM GSWPGA Team Willows Run	27 TWGA Auburn Signup Deadline	28	29 RLGA Tee Times 8:33 AM
30 RLGA Tee Times 8:33 AM	31 WSWPLA Sign up Deadline Shuskan, Bellingam		Deadline to sign up for the Thursday, June 10th GSWPGA Annual Pro Am is Saturday May 22nd. You do not need to assemble your own foursome (but you can). Kellie will find your pro and assign you to your group. Last year, Josh's foursome won this event paired with 3 high handicappers. If you have never played in a GSWPGA event why not make this your first one and help make the RLGA a force on the course!			

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes:		1 RLGA Board Meeting 6PM Par 3 Clubhouse Ghin Revision Date	2 RLGA Tee Times 8:33	3	4	5 RLGA Tee Times 8:30
6 RLGA Tee Times 8:33	7 TWGA Event Auburn	8 WSGA 2 Day Event, Member Team Championship, Suncadia,	9 RLGA Tee Times 8:33	10 GSWPGA Event, ProAM, Riverbend	11	12 RLGA Tee Time: 12:27 PM
13 RLGA Tee Times 12:27 PM	14 TWGA Hawks Prairie Sign up deadline GSWPGA Team at Riverbend	15 Ghin Revision Date	16 RLGA Tee Times 8:33	17	18	19 GSWPGA Sign up deadline Mt. Si RLGA Event Invitational
20 RLGA Tee Times 8:33	21 WSWPLA Sign up Deadline Gold Mtn 3 day event	22 WSGA 3 Day Event, Women's Amateur and Women's Senior Amateur The Cedars at Dungeness, Sequim	23 RLGA Tee Times 8:33	24	25	26 RLGA Tee Times 12:36 PM
27 RLGA Tee Times 8:33	28 GSWPGA Team at Bellevue	29	30 RLGA Tee Times 8:33	Notes:		




Red, White & Blue Tournament

Sunday - May 16, 2010

This is a really fun format. It is an individual Stroke Play competition with a twist. We play **6 holes from the Red tees**, **6 holes from the White tees** and **6 holes from the Blue tees**. Don't worry; you don't have to be a long hitter to play this format. It's interesting when you play from the different tee boxes. You find yourself in places on the course that you've never been before. Please join us for some fun and be a part of "A Force on the Course"!

To participate in the *Red, White & Blue* you have to be an active member of the RLGA by having paid your 2010 membership dues. Complete the bottom of this entry form, then drop it and your entry fees into the RLGA box in the Pro shop or mail it to our PO Box.

Questions? - Contact the Tournament Committee:
 Mary Powers - 253-797-0349 or at mary.powers@xerox.com
 Judy Griffin – 253-866-2223 or JGriffin@MasterHalco.com

Tee time notification will be:
 Email notification to club members, posted on the RLGA website (www.rlga.org) and available at the Riverbend Pro Shop (253-854-3673 ext 1) after 4:00 pm on Thursday.

Enter by: Saturday, May 8th
Your entry fee is non-refundable if you cancel after May 11th



***Red, White & Blue* Tournament**
Sunday, May 16th, 2010
Entry fee is \$45 per person (This includes Greens Fees)
 Cart rentals are separate and paid the day of the tournament.

Member's Name:	Phone or Email:

Drop in RLGA box at the Clubhouse or mail to:

**Riverbend Ladies' Golf Association
 P.O. Box 1091
 Kent, WA 98035**

Riverbend Ladies Golf Association (RLGA) is not responsible or liable for injuries, loss or damage incurred or caused during any RLGA event. Your entry into an RLGA sponsored event is disclaimer that you hold RLGA harmless for any injury, loss or damage that may occur.

For committee use only:	\$	
		check cash