



For membership information and much more go to <http://www.rlga.org/>

**Captain's Feetnotes:** this month by Co-Captain, Mary Ryan

The latest WSGA event was held June 23-25 at Oakbrook Country Club, in Tacoma. Kay, Provazek and Locke competed in the tough amateur division which played 5989 yards. The senior division played 5577 yards. As RLGA members, we are eligible to play in all WSGA events at both public and private courses.

Our Ok Yun Lim, playing in the senior division, finished highest. (See gross scoring on page 4). All entrants were in-state, save two from BC and one from OR.

The cost for three days was \$135. At check in we received velour vests with a WSGA logo and a program with past winners and schedule of events. At hole #1 you pick up your score card which has the exact time your group is required to finish each hole. The rules official recites special rules. Here we receive a pin placement sheet. Your name is announced prior to tee off. "Sheila Locke, from Renton Washington."

There were time checks officials at holes 4, 9, 13 and 18. We gave our scores to the time check officials which were radioed to Tyler, the WSGA webmaster who uploaded them to the web. Real time scoring, they call it. At the end of day one, there was a banquet dinner. At the end of day three, four RLGA players received Kusak crystal awards, Ok, Sheila Locke, Laura Risher and Mary Ryan.

The Handicap Limits for this event were: Amateur Division: 20.4; Senior Amateur Division: 26.4. Ok told me it was Cathy Kay who first encouraged her to enter WSGA events. Kathy Provazek prodded me to enter. Day two, my threesome included Linda Pearson whose encouragement helped me shave ten strokes off the next day's score. In 2009 there were eight RLGAers playing in this event at a prestigious country club course. Why not eighteen in 2010? Venues are often at private courses RLGA members often would not have opportunity to play. If your handicap is within these ranges you belong here and these events will help make you a better golfer. Phyllis's instructions to co-captain when she was assigned the task of writing July Captain's corner: "Be sure to mention you have taken this opportunity to write an informational column, recognize the excellence our members demonstrate at many levels and that these kinds of experiences encourage all of us." Thus mentioned.

# The FORE!

July 2009 Vol 21 Issue 7 Page 1 of 4. Your Riverbend Ladies Golf Association newsletter, chartered since 1989 with reserved Wed., Sat. and Sun. morning tee times for our members. To be guaranteed a weekend tee time, you need to call the Pro Shop 253 854 3673 by Wednesday; for a Wednesday tee time, call the desk and put your name on the list by Tuesday.

## Results From Tournament Chair, Mary Powers

Thank you all for participating in the Better Ball tournament on Saturday June 20th. We had an amazing turnout for this one. 40 members played and that is a 40% increase over the number of participants we had in last years Better Ball tourney! With this level of participation I'm anticipating and hopeful for a huge number for our Club Championship on August 1 & 2. More about the Club Championship later. A big Thank you to all the people that helped with this tournament. Peggy Haugan for getting to the golf course 2 hours before her tee time just to help with check-in and picking up all the skills markers along the course. Kathy Provasek for all the help entering the scores and reviewing scorecards. Mary Ryan and Vicki Hutsko for helping to verify scores. Our tournaments would not run as smoothly without the support of these helpers. Thanks again! Congratulations to our winners listed here! To see the complete list of results please go to our website [www.rlga.org](http://www.rlga.org)

Our next tournament is The Riverbend Cup. This is a two team Net Match

Play competition. This is the 4th year we will be holding this tournament and we have a lot of fun with this one. Participants are divided into two teams and colored bandanas are distributed to identify which team you're on. Everyone is grouped by handicap so your playing competitor is usually within a few strokes of your handicap. Though this is a two day event (July 12th and 18th) you can sign up for one or both days. If you're not available for both please consider playing one of the days.

Just a reminder that our Club Championship is coming up in a few weeks. Please consider playing in this tournament. Though the title Club Championship may be a little intimidating don't let that stop you. This tournament is open to all handicaps. We award both a Gross and Net Club Champion as well as winners in all divisions/flights. If you plan to play in the Club Championship please be aware that you must have an established USGA Handicap entered into the GHIN system and have played in a minimum of 3 RLGA events this year to qualify. The 3 events can be a combination of Tournaments or our Bi-monthly Competitions. If you haven't already qualified you can play in both days of the Riverbend Cup and sign up for the Competition one of those days and you will be qualified. If you have any questions regarding this qualification or anything regarding tournaments please email me at [mary.powers@xerox.com](mailto:mary.powers@xerox.com) or call 253.797.0349.

Better Ball Results			
Player	Gross Score	Net Score	Place
Janet Best	73		1G
Sheila Locke			
Esther Gladson		57	1N
Vicki Erickson			
Cathy Kay	75		2G
Linda Pearson			
Lynne Crandall		57	2N
Kellie Molzhon			
Mary Powers	76		3G
Mary Ryan			
Lori Mattson		57	3N
Kristine Gula			
Laura Risher	77		4G
Jennifer Puckett			
Kris Immordino		58	4N
Jerri Proszek			
Elana Bryan	81		5G
Susan Stahl			
Jeanine Boyle		59	5N
Michelle Gooden			

Skills Results		
Skill	Player	Results
KP # 5 (HDCP 26+)	Jeanine Boyle	4' 5"
KP # 16 (HDCP 0 - 18)	Sheila Locke	9'
KP # 13 (HDCP 19 - 25)	Lynne Crandall	8' 10"
Long Drive # 15	Cathy Kay	
Accurate Drive # 7	Michelle Gooden	
Low Putts	Mary Ryan	27

Hello RLGA Members, in this month's teaching tips from the Pro, I'm going to give you a couple quick pointers on short game practice. The thing that is going to improve your chipping the most is distance control. This is something that you can easily practice in your backyard or on the putting green. Set up a small target (I use a towel), and practice landing the ball on that target. Start from about 5 feet away. If you can make 5 balls in a row landing on your target (landing before the target and bouncing on to it doesn't count!) then move back 1 foot and start again. Make sure to practice this with all of your clubs, not just your wedges!



The one other thing I wanted to tell you is if you don't like to practice, like

myself get a friend and play the 5 point game. This is the only thing that would keep me on the practice green to practice and how it works is you both chip to a hole if you make it you get two points if you get up and down you get one point and if you don't get up and down you get minus 1 point; just something fun to help you practice with your short game!

See ya at the course!  
 Joe Langer  
 Assistant Golf Professional  
 253-856-5199  
[jlanger@ci.kent.wa.us](mailto:jlanger@ci.kent.wa.us)

### 2009 Schedule Riverbend Ladies Golf Association

Date	Event	Tee Times
Sunday, July 12th, 2009	Day 1 Riverbend Cup	8:33-10:03
Saturday, July 18th, 2009	Day 2 Riverbend Cup	8:33-10:03
Sat-Sun, August 1st-2nd, 2009	Club Championship	8:33-10:03
Saturday, September 5th, 2009	4 Person Scramble	8:33-10:12
Sunday, September 20th, 2009	Mixed Chapman	8:33-10:03
Saturday, October 3rd, 2009	Big Break	8:33-10:03

### A New Instructional Clinic Coming to Riverbend in 2009 "Girls Night Out"

Hosted by Golf Professionals Eric Hinrichs and Josh Immordino  
 July 9th and July 23rd  
 6:00-7:30 P.M.

Open to women over 21 years of age who are looking to improve their golf games in a relaxed and enjoyable atmosphere. Each

### Washington State Womens Public Links Association 2009 Schedule Handicap Limit 40.

<http://www.wswpla.com/> To enter these events see entry forms in RLGA corner at Pro shop and/or contact Kellie Molzon [kelliemolzhon@comcast.net](mailto:kelliemolzhon@comcast.net) 253-630-0542

Date	Location	Sign up Deadline
Mon., Tues, Wed, July 13,14,15	Lake Padden (Bellingham)	Monday June 29
Monday Aug 17	White Horse (Kingston)	Monday August 3
Monday Sept 14th and Tues Sept 15	Sun Country (CleElum)	Monday August 31
Saturday, October 17th.	Camaloch (Camano Island)	Monday October 5 26/2 Ball

Session will include 45 minutes of professional instruction at the driving range followed by 45 minutes of short game instruction. After the lessons, join the group for drinks on the outdoor patio at the Firecreek Grill.

\$30 per session (Does not include Beverages)

### Greater Seattle Womens Public Links Association 2009 Schedule Handicap Limit 40.

<http://www.gswpga.com/> To enter these events see entry forms in RLGA corner at Pro shop and/or contact Kellie Molzon [kelliemolzhon@comcast.net](mailto:kelliemolzhon@comcast.net) 253-630-0542

Date	Deadline	Course
July 9 Thursday	June 20	Mount Si
<b>Aug 10, 11, 12</b> Mon, Tues, Wed	July 18	Jefferson
Sept 10 Thursday	Aug 22	Snoqualmie Falls
Oct 8 Thursday	Sept 19	Maplewood

TWGA Tacoma Women's Golf Association has a new website.

<http://twga.org>  
 At least one RLGA member has expressed an interest in RLGA joining this organization. Their events are played in both Pierce and Thurston counties. If you are interested please tell a board member.

### (WSGA) Washington State Golf Association 2009 Schedule To enter these events go to

<http://wsga.countmein.com/ProgramHome.aspx> or call WSGA 206-526-8605

WSGA events are over for 2009. In a few months look here for info on the 2010 winter series

### (PNGA) Pacific Northwest Golf Association 2009 Schedule. To enter these events go to

[http://www.thepnga.org/championships/online\\_applications.asp](http://www.thepnga.org/championships/online_applications.asp) or call 206-526-1238

July 6-10	Women's Amateur and Mid-Amateur	Arrowhead GC Molalla, Or
Aug 29,30	Women's Amateur Public Links	Trysting Tree GC, Corvallis, OR
Sept 21-23	Women's Senior Team	Gold Mountain GC, Bremerton WA
Oct 5,6	Senior Women's Amateur	Hayden Lake CC, Hayden ID

## GSWPGA Team *Ginger Dunning & June Secreto, Co Team Captains*

## TEAM STANDINGS AS OF JULY 1

### RLGA TEAM CONTINUES TO WIN!

On June 8 the RLGA team continued its successful season at Maplewood Golf Course defeating Foster 8-1 in handicap points and sweeping all nine of the scratch points.



SCRATCH	6/8	TOTAL
1. Riverbend	9	33.5
2. Bellevue	3	27
3. Jackson Jills	6	25
4. Maplewood	9	20
Mt. Si	9	20
6. Lake Wilderness	0	7
7. Foster	0	6
8. Wayne	0	5.5

HANDICAP	6/8	TOTAL
1. Jackson Jills	7	29
2. Riverbend	8	23.5
3. Bellevue	2	22.5
4. Mt. Si	6.5	19.5
5. Lake Wilderness	2.5	15
6. Maplewood	8	14
7. Wayne	1	7
8. Foster	1	8

RLGA TEAM at Maplewood left to right: Linda Pearson, Angela Hobbs, Ok LIm, Linda Selegue, Cathy Kay, and Kathy Provazek.

Tally after the Maplewood stop increased the RLGA first place standing in scratch points by over five points over second-place Bellevue. This also places Riverbend in second place in handicap points. The next match is July 3 at Wayne Golf Course against Mi Si, followed by a key match against Bellevue at home at Riverbend on July 27.

### 2009 GSWPGA Team Schedule

July 3, 2009	Friday	Wayne
July 27 2009	Monday	Riverbend
August 24, 2009	Monday	Bellevue

As of June we now have 105 members in the Riverbend Ladies Golf Association. We would like to welcome all the Returning Members and welcome as well as recognize the following New Members.

Mary Ann Chamberlin  
 Kristine Gula  
 Gabrelle Le  
 Judy Swanson  
 Sharon Wheelwright  
 Kelli Wyatt



June Secreto  
 Membership  
 Chairman

### From Ginger Dunning

The pro shop is pleased about the response members have had by phoning in to request a place in our "reserved tee times" on Wednesdays and the weekends. We are lucky to have so many tee times per week set aside for our club, and we need to continue to guarantee them. It makes it much easier for the pros to accommodate us during the summer season when the demand from the public increases. Those guys work hard for us, let's continue to help them out. Remember, to be guaranteed a Wednesday tee time, call Pro Shop **253-854-3673** by Tuesday, and for the weekend tee times, call by Wednesday.

### PLAYER RECOGNITION by Peggy Haugan

Well, the races are heating up. There are lots of pink cards coming in, documenting achievements to new heights every week. Congratulations everyone! To date the standings are as follows:  
 Birdies: Sheila Locke has really raised the bar with a total of 8 Birdies. Elana Bryan is in hot pursuit with 6, followed by Mary Ryan with 5.

Chip-Ins: Six ladies have had 2 each, but Vickie Hutsko, Kristine Gula and Peggy Haugan have each had 3. This is a very close race and will undoubtedly change.

Most Rounds Played: Peggy leads this race with 13 rounds, followed by Mary Ryan and Amy Nikaitani with 11. Sheryl Lede is very close with 10.

There were several personal bests achieved since the last report: Cindy Banks recorded a 93 on 5/31/09, Sheri Boggs had 90 on 6/11, beating her own personal best from last month of 99. Terri Fritschle shot 100 on 6/11/09, Vicki Erickson had 82 on 6/20 and Lori Mattson had 97 on 6/28/09. It is wonderful to see such improvement!

A reminder to all participants: If several ladies in the group have a Birdie or a Chip-In to report, that can be done on the same card---- just put your name or initials by the circled hole under the two categories. You can enter rounds played at Riverbend at times other than the reserved tee times, as long as you are playing with at least one other RLGA member. Please remember to date your cards!

## Results from Washington State Golf Association

### 2009 Member Club Championship June 2, 3, Suncadia

Riverbed Team 1, Kathy Provazek, Mary Ryan, Sheila Locke, Susan Stahl placed seventh.

Riverbend Team 2, Cathy Kay, Gerri Johnson, Kellie Molzhon, Linda Pearson, placed 11th.

## Results from Washington State Women's Public Links Assn WSWPLA (State)

### June 18th, Riverside Golf Course, Chehalis

Mary Ryan	Flight 1	1st
Cathy Kay	Flight 1	13th
Kellie Molzhon	Flight 2	6th

## Results from Greater Seattle Womens Public Golf Assn. GSWPGA (City) RLGA was big winner here!

S. Boggs / V. Erickson / T. Fritchie / J. Immordino 1st Place

O. Lim / L. Pearson / M. Ryan / M. O'Neal Tie 11th

J. Best / C. Kay / K. Molzhon / J. Langer

G. Dunning / A. Hobbs / K. Provazek / E. Heinrichs

## Results from Washington State Golf Association

### Women's Amateur & Senior Amateur, Oakbrook CC, Tacoma

Division	Place		1	2	3	Total Gross
Senior 5	Ok Yun Lim	78	83	81	242	
Senior 9	Linda Selegue	82	80	86	248	
Senior T10	Mary Ryan	84	88	78	250	
Senior T14	Linda Pearson	84	85	85	254	
Senior T19	Laura Risher	85	94	83	262	
Amateur T20	Cathrine Kay	88	83	85	256	
Amateur 23	Sheila Locke	86	87	84	257	
Amateur 27	Kathy Provazek	94	92	96	282	

The amateur division included some of the best college golfers in the region. There were a total of 65 entrants in both divisions. RLGA rocks with our members comprising eight percent of field. Read more about this event on page 1, Captains Corner.

Take a look at the huge marble like trophy to the right of the coffee machine in the proshop! Riverbend Pro's Marti O'Neil and Josh Immordino earned this award last month in an annual event for local pro's.

# The FORE!

RLGA

P O Box 1091

Kent, WA 98035-1091

What should you do if you post the wrong

score? E-mail Handicap chairman, Jerri Pro-

szek and she will fix it! [chandje@comcast.net](mailto:chandje@comcast.net)

### Important Dates:

Sunday, July 12th, 2009 Day 1 Riverbend Cup

Saturday, July 18th, 2009 Day 2 Riverbend Cup

Sat-Sun, Aug 1st-2nd Club Championship

## From the Competitions Chair, Susan Stahl

...suffering from severe procrastinitis. Payouts for the competitions through the June 30, 2009, will be available in the pro shop on July 3rd. Just ask for your certificate when you check in for your next round. A few observations about the scorecards: Please list the competition, the date, your full name, and total your score minus your handicap. At a minimum please date your cards and write down your full name. I did my best to decipher scorecards. I had to throw out (DQ) some scorecards for the following reasons:

1. Player signed up twice for the same competition. I accepted the 1st date but DQ'd the 2nd date. Please sign up 1 time per competition.
2. Card had no date and only first names (or only initials!) of competitors. Please include full names of competitors. Thanks. Susan

### Money List

Player thru June 30

Cindy Banks	\$40.00
Lynne Crandall	\$40.00
Betty Arendall	\$25.00
Carol Hinrichs	\$25.00
Cathy Rosa	\$25.00
Jennifer Puckett	\$25.00
Sheryl Lede	\$25.00
Amy Nikaitani	\$15.00
Gerri Proszek	\$15.00
Sharma Shamblin	\$15.00
Abby Mead	\$10.00
Cathy Kay	\$10.00
Ginger Dunning	\$10.00
Jana Tipton	\$10.00
Jen Whitcomb	\$10.00
Kellie Molzhon	\$10.00
Pichy Promsatht	\$10.00
Shari Boggs	\$10.00
Sheila Locke	\$10.00
	<b>\$340.00</b>

April 1 - 15 T & F		
Player		Payout
1 Sheryl Lede		\$25.00
2 Amy Nikaitani		\$15.00
3 Jen Whitcomb		\$10.00
April 16 - 30 Odd Holes		
1 Betty Arendall		\$25.00
2 Sharma Shamblin		\$15.00
3 Cathy Rosa		\$10.00
May 1 - 15 Cross Cross		
1 Lynne Crandall		\$25.00
2 Cindy Banks		\$15.00
Tie 3 Ginger Dunning		\$10.00
Tie 3 Shari Boggs		\$10.00
May 16 - 31 Mutt & Jeff		
1 Cindy Banks		\$25.00
2 Cathy Rosa		\$15.00
Tie 3 Jana Tipton		\$10.00
Tie 3 Abby Mead		\$10.00
June 1 - 15 9 Best Par 4's		
1 Jennifer Puckett		\$25.00
2 Lynne Crandall		\$15.00
Tie 3 Kellie Molzhon		\$10.00
Tie 3 Cathy Kay		\$10.00
Tie 3 Pichy Promsatht		\$10.00
June 16 - 30 Nine Easiest Holes		
1 Carol Hinrichs		\$25.00
2 Gem Proszek		\$15.00
3 Sheila Locke		\$10.00

From June Secreto, [rjsecreto@comcast.net](mailto:rjsecreto@comcast.net) (253) 661-1499 Hello Everyone;

I am planning our 2nd Annual Outing to The Home Course in Dupont.

I have arranged four tee times for Tuesday - July 21st, beginning at 9:16am.

Last year we had a great turn out and if I get more than 16 sign up I will call and add another foursome.

Cost: = Seniors (55 yrs) = \$34.98

Adults = \$42.64

Cart- per person = \$16.40

Remember, these prices are for those belonging to the GHIN system, so bring something showing you are a member.

For those who would like to carpool, we will meet at the 272nd Park and Ride off Interstate 5.

Please respond so I can put your name on the list. Also, please let me know if you would like to carpool or will meet us at the course. Last year we had a really good time and looking forward to another great day of golf!!