



For membership information and much more go to <http://www.rlga.org/>

### Captain's Footnotes:

One of our RLGA members is Darlene Wilczynski. She describes golf as one of the most challenging things she has taken on. Because golf constantly challenges her is exactly why it appeals to her. Darlene's first giant challenge as a teenager just out of high school (long before golf was on her radar) was to gain recommendations confirming she could do the work and be accepted into the Annapolis's U.S. Naval Academy. Could she succeed, graduate, and rise progressively in the ranks? Well . . . it is still a BIG YES to that. Beyond her deceptively calm, easy going, soccer mom demeanor, Darlene is known as Naval "Commander Wilczynski" who has just recently retired. Her current job is being in charge of all cash distribution from the Pacific Northwest's Federal Reserve Bank (San Francisco/Seattle Branch) to banks and cash machines all across the region. The challenges inherent in such a demanding job are suitably matched to Darlene's capacity to immerse fully in big, complex jobs. She consistently demonstrates an extraordinary ability to work under extreme scrutiny encountered as a Naval Academy graduate, a U.S. Naval Commander, and now in her role at the "Fed." Today, the "Commander's" people skills are those defin-

ing her effective and efficient leadership qualities – not simply a bureaucrat. Her style is transparent and ethical. She has the mental and emotional stamina to withstand necessary procedural scrutiny at the "Fed." She builds confidence in others through intentional and systematic use of values learned as an Academy undergrad. Darlene says she truly enjoys being a member of RLGA. Her busy work, leisure, and home life make our regularly scheduled tournaments, and call-in tee times on weekends ideally suited to meet her golfing needs. She enjoys each competition with others, but knows she's not playing AGAINST anyone but herself and Riverbend's "new front nine" challenges. Darlene's growing enjoyment for golf is a result of lessons, updated equipment, and simply playing more. Her 2009 goals are to improve over that last game played, that last shot into the water, or to make a missed putt this time. During her Academy days, she met and married a fellow midshipman. He is now a pilot for Alaska Airlines. Although he still "ranks" below her, she rarely requires him to salute when she enters a room! Darlene's two sons, one in college and the other college bound, are equal sources of great pride and typical motherly concern. Darlene is in her third year as a member of RLGA and I am proud to call her my friend. The June Captain's Corner is a repeat of the first (of more to come) member profile.



# The FORE!

June 2009 Vol 21 Issue 6 Page 1 of 4. Your Riverbend Ladies Golf Association newsletter, chartered since 1989 with reserved Wed., Sat. and Sun. morning tee times for our members. To be guaranteed a weekend tee time, you need to call the Pro Shop 253 854 3673 by Wednesday; for a Wednesday tee time, call the desk and put your name on the list by Tuesday.

## Results From Tournament Chair, Mary Powers

What a beautiful day we had for the Red, White and Blue on May 17th. The sun shined brightly on 35 of our members as we navigated our way around the course. One of my favorite things when we're playing a tournament is when we're on the other side of the river. I look around and there are women golfers everywhere! We truly were a "Force on the Course" on this day.

Our next tournament is Saturday June 20th and it is a 2 Member Best Ball or Better Ball. In this tournament each person plays their own ball for the entire round. You then determine which of you has the better score for each hole and that is your Team Score. Don't worry if you don't understand the format. The rules sheet and score card that will be provided will help you. If you don't have a partner for this tournament don't worry about it. We'll find you a partner. I have many members sign up without a partner and it usually works out perfectly. So, come and join us for our June tournament!! You can find an entry form on our website WWW.RLGA.ORG or at the Pro Shop. Also, I have been remiss in thanking those people that are helping with tournaments this year. A big THANK YOU to Cindy Banks, Kathy Provazek, Cathy Rosa and Anne Tuttle for their help with Check-in and Scoring. Without their help things would not run as smoothly as they do. I really appreciate the help.

### Red-White-Blue Results

Player	Flight	Gross Score	Net Score	Place
Cathy Kay	1	80		1st Gross
Anne Tuttle	1		70	1st Net
Linda Selegue	1	82		2nd Gross
Mary Ryan	1		71	2nd Net
Cathy Rosa	2	94		1st Gross
Sheryl Lede	2		74	1st Net
DeDe Backstrom	2	103		2nd Gross
Mary Powers	2		76	2nd Net
Shari Boggs	3	96		1st Gross
Carolyn McGill	3		70	1st Net
Teresa Le	3	105		2nd Gross
Darlene Wilczynski	3		73	2nd Net

### Skills Results

Skill	Player	Results
<b>Flight 1</b>		
KP # 16	Amy Chinen	34 paces
Long Drive # 4	Sheila Locke	
Low Putts	Linda Selegue	30
<b>Flight 2</b>		
KP # 13	no qualifier	xx
Long Drive # 9	Vicki Erickson	
Low Putts	DeDe Backstrom	29
<b>Flight 3</b>		
KP # 5	Doris Pilemalm	58'9"
Long Drive # 15	Phyllis Ellermeier	

From your tournament Chairman, Mary Powers

2009 Schedule Riverbend Ladies Golf Association

Date	Event	Tee Times
Saturday, June 20th, 2009	2 Person Better Ball	8:33-10:12
Sunday, July 12th, 2009	Day 1 Riverbend Cup	8:33-10:03
Saturday, July 18th, 2009	Day 2 Riverbend Cup	8:33-10:03
Sat-Sun, August 1st-2nd, 2009	Club Championship	8:33-10:03
Saturday, September 5th, 2009	4 Person Scramble	8:33-10:12
Sunday, September 20th, 2009	Mixed Chapman	8:33-10:03
Saturday, October 3rd, 2009	Big Break	8:33-10:03



Washington State Womens Public Links Association 2009 Schedule Handicap Limit 40.

<http://www.wswpla.com/> To enter these events see entry forms in RLGA corner at Pro shop and/or contact Kellie Molzon [kelliemolzhon@comcast.net](mailto:kelliemolzhon@comcast.net) 253-630-0542

Date	Location	Sign up Deadline
Thursday June 18th	Riverside Golf Club (Chehalis)	Monday June 5
Mon., Tues, Wed, July 13,14,15	Lake Padden (Bellingham)	Monday June 29
Monday Aug 17	White Horse (Kingston)	Monday August 3
Monday Sept 14th and Tues Sept 15	Sun Country (CleElum)	Monday August 31
Saturday, October 17th.	Camaloch (Camano Island)	Monday October 5 26/2 Ball

Pictured above is Jon Shabel. He contributed the article about bunker play on pg 3. My name is Jon Shabel, I'm a teaching professional at Riverbend Golf Complex in Kent. I also offer 1/2 hour private lessons at \$50 per session or a series of four \$180. Generally my lesson session carries over to about 45 minutes. If you have any questions, feel free to call me at 253.859.4000 x2. I look forward to hearing from you!  
Jon Shabel  
Riverbend Golf Complex

Greater Seattle Womens Public Links Association 2009 Schedule Handicap Limit 40.

<http://www.gswpga.com/> To enter these events see entry forms in RLGA corner at Pro shop and/or contact Kellie Molzon [kelliemolzhon@comcast.net](mailto:kelliemolzhon@comcast.net) 253-630-0542

Date	Deadline	Course
July 9 Thursday	June 20	Mount Si
<b>Aug 10, 11, 12</b> Mon, Tues, Wed	July 18	Jefferson
Sept 10 Thursday	Aug 22	Snoqualmie Falls
Oct 8 Thursday	Sept 19	Maplewood

(WSGA) Washington State Golf Association 2009 Schedule To enter these events go to

<http://wsga.countmein.com/ProgramHome.aspx> or call WSGA 206-526-8605

June 2, 3	Men's and Women's Member Club Team, Suncadia, Roslyn WA
June 23-25	Women's and Senior Women's Amateur, Oakbrook G&CC, Lakewood, WA

(PNGA) Pacific Northwest Golf Association 2009 Schedule. To enter these events go to

[http://www.thepnga.org/championships/online\\_applications.asp](http://www.thepnga.org/championships/online_applications.asp) or call 206-526-1238

July 6-10	Women's Amateur and Mid-Amateur	Arrowhead GC Molalla, Or
Aug 29,30	Women's Amateur Public Links	Trusting Tree GC, Corvallis, OR
Sept 21-23	Women's Senior Team	Gold Mountain GC, Bremerton WA
Oct 5,6	Senior Women's Amateur	Hayden Lake CC, Hayden ID

## Be on time! Submitted by Anne Tuttle, Rules and Bylaws

Thanks to Kellie Molzhon for forwarding the account of this recent WSWPLA incident to me. There was a DQ when a player showed up after her scheduled tee time. It serves as a reminder to us that not only are we responsible for being ready to play on time at RLGA events (see the RLGA Local Rules and Conditions of Competition), but when we venture further a field, the rules of golf are in force, to everyone's benefit. Thanks to Judy Wolinski, WSWPLA Rules Chair who provided this description. Our Standing Rules for WSWPLA under General Tournament Guidelines, #17 states: "Players must be present and ready to play at assigned location and tee time, or be disqualified. USGA Rule # 6-3a shall govern." The player involved had been told the correct tee time, and when she showed up about 13 minutes after her scheduled tee time to sign in, she admitted that she had known the correct time, but that morning was "thinking that it was an hour later". She was aware that she was in breach of the rule and was told that she would be disqualified and could play but not be part of the competition. She was accepting of this, did play, and handed in a signed score card. This was the right thing to do!!! In reviewing what I had done, and all the decisions on the rule involved in this particular case, I came across Decision 6-3a/4 6-3a/4 Time of Starting; Player is Late but Group Unable to Play Due to Delay Q. A player is assigned by the Committee to a group with a 9 a.m. starting time. He arrives at the first tee at 9:06 a.m. but for whatever reason (e.g., weather, slow play or a ruling) the starting time has been delayed until after he arrives (e.g., 9:10 a.m.). What is the ruling? A. As the group was unable to start at the time originally established by the Committee and the player arrived before it could do so, the player is not in breach of Rule 6-3a. When she arrived, her group had, in fact, not teed off yet due to a back up of starts on the first tee. She was able to start with her group on the first hole, and therefore the DQ was reversed. Of course, had it been a shotgun start, the DQ would have stood, had it been only up to 5 minutes after the start time, it could have been a 2 stroke penalty on the first hole. Lesson to be learned, double check your start time and be at your tee on time. (For me, as rules chair, check all scenarios before making a ruling)!

.Anne Tuttle, Rules and Bylaws

## PLAYER RECOGNITION

Hello Ladies! We have gotten off to a slow start this season – probably weather-related! We are now beginning to be blessed with beautiful sunny days and great golf conditions. The newly-renovated front nine is challenging and everyone is having a good time figuring it out. The current leaders in the races are: **Birdies:** Mary Ryan and Sheila Locke are tied at 4 each. **Chip-Ins:** Many of you have had at least one chip-in, however Vickie Hutsko leads this race with a total of 3. **Most Rounds Played:** Mary Ryan leads this race as well with 8 rounds. She is followed closely by three others, Amy Nikaitani, Sheryl Lede and Peggy Haugan with 7 rounds each. **Congratulations** to Carolyn McGill for achieving her personal best, netting 90 on 3/28/08. Vicki Hutsko also broke 100, scoring 90 on 3/28/09. Sherri Boggs broke 100, with a 99 on 5/10/09 and finally, one of our new members, Wendy Warden broke 100 with a 99 on 5/9/09. Good work. .Keep the pink cards coming.

Peggy Haugan

## Bunker Play by Jon Shabel.

See Page 4 for bio and lesson info

A green side bunker shot or any bunker shot usually strikes fear into most golfers. Previous negative experiences, poor technique and lack of confidence all cause intimidation usually dooming the shot before they ever attempt it. Understanding the principles of bunker play and sand wedge design combined with consistent practice should enable the player to get the ball out of the bunker on their first shot from just about any lie.

The next time you are working on putting or chipping take a look over at the practice bunker and most of the time no one is there. If everyone practiced as much out of the bunker as they did with their driver at the range, their bunker play would follow suit with the rest of their game. When is the last time you got a lesson focused squarely on bunker play? This will improve your short game pitching as well! Fluffy sand, wet sand, too much sand, too little sand different conditions require various shots. How steep do you attack the ball? What club will make easiest to get the best results? Are your expectations realistic? If the lie is bad, just getting out of the bunker in one shot should be the goal! The correct bounce on your sand wedge (more bounce if your angle of attack into the ball is sweeping, less bounce if your angle is steep in

to the ball and produces a divot) is important to make the shot as easy as possible. Any Riverbend PGA Professional will fit you for the correct bounce on your wedges. Basic greenside bunker fundamentals include open up your stance, open clubface (so sole of the club will not dig into the sand) swing from the outside to inside (if your stance and shoulders are open this should happen automatically. Dig in your feet into the sand to avoid slipping and to swing with good balance. Accelerate through the sand, do not stop at impact. Try to visualize the shot. Picturing a dollar bill centered under the ball, then swing three inches behind the ball will allow the sand to lift the ball up out of the bunker. Fairway bunker shots require you to hit the ball first to ensure good contact. Move the ball back in your stance. Do not dig your feet in the ground as you would for greenside bunker shot this will cause you to hit sand first and contact will be poor. Swing the club at speed you can keep your balance to avoid slipping.

Maintaining a positive attitude, combined with practice and the correct equipment should give the confidence the next time you find yourself in the bunker. More importantly you will not let it ruin your score or your round. Remember if you are having problems schedule a bunker lesson it will be worth it!!

Jon Shabel, PGA Apprentice,  
Riverbend Golf Complex

## Results from Washington State Golf Association

### Women's Best Ball, Bellingham Golf and CC

	Place Gross	Place Net
Linda Selegue	12th	14th Tie
Cathy Kay/Linda Pearson	13th Tie	20th Tie
Laura Risher	24th Tie	8th Tie
Kathy Provazek/Angela Hobbs	29th	32nd

## Results from Washington State Women's Public Links Assn WSWPLA (State)

### Canyon Lakes, Kennewich May 18, 19

	Flight	Place
Mary Ryan	1	7
Laura Risher	2	2nd Tie

## Results from Greater Seattle Womens Public Golf Assn. GSWPGA (City) Lake Wilderness May 14

	Flight	Place
Mary Ryan	1	5th Tie
Cathy Kay	1	8th
Kelly Molzhon	1	9th
Laura Risher	1	10th

Results after	Handicap			Scratch		
	Points	Total Pts	Place	Points	Total Pts	Place
Jackson Pk 5/22						
Bellevue	5.5	20.5	2	6.5	24	2
Foster	2.5	7	7	4	6	7
Jackson Jills	9	22	1	8	19	3
Lake Wilderness	4	12.5	5	0	7	6
Maplewood	3.5	6	8	2.5	11	4
Mount Si	0	13	4	1	11	4
Riverbend	5	15.5	3	9	24.5	1
Wayne	6.5	11.5	6	5	5.5	8

## Greater Seattle Womens Public Golf Assn. GSWPGA Team

by Ginger Duning and June Secreto, Co Team Captains

### RLGA TEAM CONTINUES SUCCESSFUL SEASON

The Riverbend ladies continue to be a "Force on the Course" as the Greater Seattle Womens Public Golf Association team competition season continues. After a win over defending 2008 champions, Maplewood, in the season opener, the RLGA team has added two more victories in May.

On May 8, a strong Jackson Jill team was only able to take two points (of a possible nine) in scratch play, and while at Jackson, Riverbend blanked Lake Wilderness on May 22 by winning all nine scratch points. Riverbend currently leads the standing with an outstanding 24.5 of 27 possible points.

In the handicap standings we currently are in third position 15.5 of 27 possible points. Our strong, low-handicapped players are sometimes at a disadvantage when trying to match up with clubs whose members may sometimes have twice the handicap. Therefore, it is much more difficult to accumulate those handicap points.

Members who have contributed to team play so far are: Angela Hobbs, Ok Lim, Sheila Locke, Kellie Molzhon, Linda Pearson, Mary Powers, Kathy Provasek, Mary Ryan, Linda Selegue and Esther Gladson.

The next match is June 8 at Maplewood against Foster. Good luck team! You are representing us well!

### 2009 GSWPGA Team Schedule

June 8, 2009 Monday Maplewood  
 July 3, 2009 Friday Wayne  
 July 27 2009 Monday Riverbend  
 August 24, 2009 Monday Bellevue

# The FORE!

RLGA  
 P O Box 1091  
 Kent, WA 98035-1091

What should you do if you post the wrong score? E-mail Handicap chairman, Jerri Proszek and she will fix it! [chandje@comcast.net](mailto:chandje@comcast.net)

### Important Dates:

Saturday, June 20th 2 Person Better Ball

## June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	Ghin Revision Date 3 RLGA Tee Times 8:33	4	5 Deadline to sign up for wswpla Chehalis 6/18	6 RLGA Tee Times 8:33
		WSGA Annual Member Team Event Suncadia, Two Days June 2, 3				
7 RLGA Tee Times 8:33	8 GSWPGA Team Maplewood	9	10 RLGA Tee Times 8:33	11 GSWPGA Event Riverbend ProAM	12	13 RLGA Tee Times <b>11:06 AM</b>
14 RLGA Tee Times <b>2:00PM</b>	15	16	Ghin Revision Date 17 RLGA Tee Times 8:33	18 WSWPLA Event Riverside Golf Club Chehalis	19 Deadline to sign up for GSWPGA Mt Si 7/9	20 Rlga Event <b>Two Person Better Ball</b>
21 RLGA Tee Times 8:33	22	23	24 RLGA Tee Times 8:33	25	26	27 <b>NO RLGA Tee Times</b>
		WSGA Annual Women's Amateur, Oakbrook G & CC, Lakewood, 3 days, June 23, 24, 25				
28 RLGA Tee Times 8:33	29 Deadline to sign up for WSWPLA Lk Padden 7/13-15	30				

## July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Ghin Revision Date 1 RLGA Tee Times 8:33	2	3 GSWPGA Team Wayne	4 RLGA Tee Times 9:36
5 RLGA Tee Times 8:33	6	7	8 RLGA Tee Times 8:33	9 GSWPGA Event Mount Si	10	11 RLGA Tee Times 8:24
	PNWGA Women's Amateur and Mid Amateur, Arrowhead GC, Molalla, OR, 5 Days July, 6,7,8,9,10					
12 RLGA Event <b>Day 1 Riverbend Cup</b>	13	14	Ghin Revision 15 RLGA Tee Times 8:33	16	17 Deadline to sign up for GSWPGA Jefferson Park 8/10-12	18 RLGA Event <b>Day 2 Riverbend Cup</b>
	WSWPLA 3 Day Event, Championship, Lake Padden Bellingham July 13, 14, and 15					
19 RLGA Tee Times 8:33	20	21	22 RLGA Tee Times 8:33	23	24	25 RLGA Tee Times 12:00
26 RLGA Tee Times 8:33	27 GSWPGA Team Bye? Riverbend	28	Ghin Revision Date 29 RLGA Tee Times 8:33	30	31	



# Two Person Better Ball Tournament

## Saturday, June 20, 2009 – 8:30 AM

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This is a Two Person Better Ball (or Best Ball) Tournament. Each team member plays their own ball throughout the round. After each hole the team decides which Gross and Net score they will use for their Team Score. There will also be individual skills challenges of KP's, Accurate Drive and Individual Low Putts. If you do not have a playing partner sign up anyway. We will do our best to find you a partner.

To participate in this tournament ALL players **must have paid their 2009 RLGA membership dues** and have an **established USGA handicap**.

**Questions?** - Contact the Tournament Chair:  
Mary Powers - 253-797-0349 or at [mary.powers@xerox.com](mailto:mary.powers@xerox.com)

**Tee Time Notification:**

Email notification to club members, posted on the RLGA website ([www.rlga.org](http://www.rlga.org)) and will be available at the Riverbend Pro Shop (253-854-3673 ext 1) after 4:00 pm on Thursday.

**Enter by: Friday, June 12<sup>th</sup>**

**Your entry fee is non-refundable if you cancel after June 16<sup>th</sup>.**

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Two Person Best Ball Tournament  
Saturday - June 20, 2009

**Entry fee is \$45** (This includes Greens Fees)

Pay for cart rentals the day of the tournament

<b>RGLA Member:</b>	<b>Phone or email:</b>
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<b>RLGA Member:</b>	<b>Phone or email:</b>
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Drop in RLGA box at Pro Shop or Mail to:

Riverbend Ladies' Golf Association  
P.O. Box 1091  
Kent, WA 98035

Riverbend Ladies Golf Association (RLGA) is not responsible or liable for injuries, loss or damage incurred or caused during any RLGA event. Your entry into an RLGA sponsored event is disclaimer that you hold RLGA harmless for any injury, loss or damage that may occur.